

Trace my du'as

Read the first line, trace the grey ones, then write it yourself on the last line.



Before eating

Look · Trace · Write

بِسْمِ اللَّهِ
بِسْمِ اللَّهِ
بِسْمِ اللَّهِ

Bismillah

In the name of Allah.



Coming out of the toilet

Look · Trace · Write

غُفْرَانِكَ
غُفْرَانِكَ
غُفْرَانِكَ

Ghufranak

I ask for Your forgiveness.



Before I learn

Look · Trace · Write

رَبِّ زِدْنِي عِلْمًا
رَبِّ زِدْنِي عِلْمًا
رَبِّ زِدْنِي عِلْمًا

Rabbi zidni 'ilma

My Lord, increase me in knowledge.



When I sneeze

Look · Trace · Write

الحمد لله
الحمد لله
الحمد لله

Alhamdulillah

All praise is for Allah.



Before sleeping

Look · Trace · Write

بِسْمِكَ اللَّهُمَّ أَمُوتُ وَأَحْيَا
بِسْمِكَ اللَّهُمَّ أَمُوتُ وَأَحْيَا
بِسْمِكَ اللَّهُمَّ أَمُوتُ وَأَحْيَا

Bismika Allahumma amutu wa ahya

In Your name, O Allah, I die and I live.



For my parents

Look · Trace · Write

رَبِّ أَرْحَمُهُمَا كَمَا رَبَّيَّانِي صَغِيرًا
رَبِّ أَرْحَمُهُمَا كَمَا رَبَّيَّانِي صَغِيرًا
رَبِّ أَرْحَمُهُمَا كَمَا رَبَّيَّانِي صَغِيرًا

Rabbir-hamhuma kama rabbayani saghira

My Lord, have mercy on them as they looked after me when I was small.



Going into the masjid

Look · Trace · Write

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ
اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ
اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

Allahummaf-tah li abwaba rahmatik

O Allah, open the doors of Your mercy for me.



Leaving the masjid

Look · Trace · Write

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ
اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ
اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

Allahumma inni as'aluka min fadlik

O Allah, I ask You for Your kindness.



Meeting someone

Look · Trace · Write

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ
السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ
السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

As-salamu 'alaykum wa rahmatullahi wa barakatuh

Peace be upon you, and the mercy and blessings of Allah.