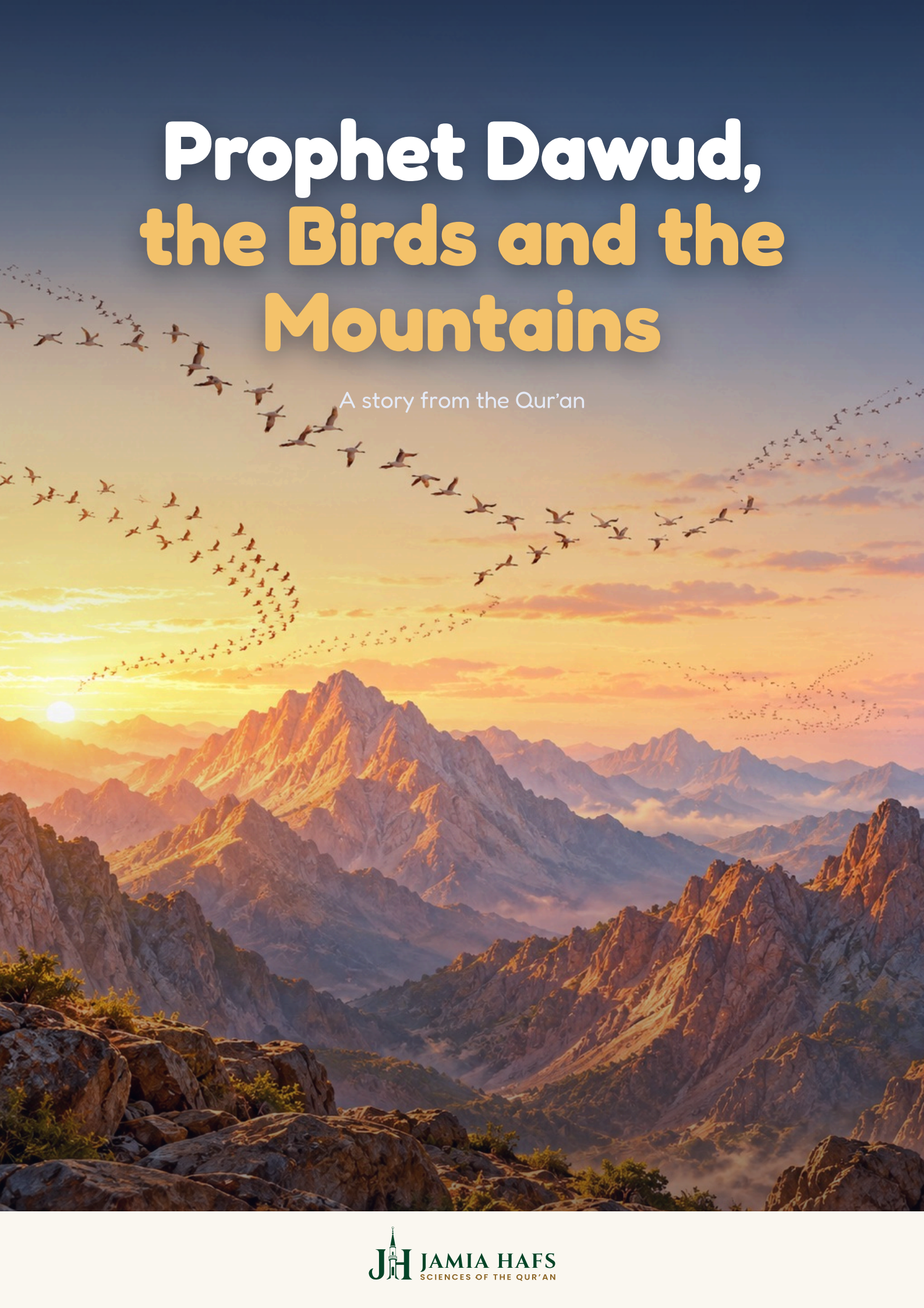




Prophet Dawud, the Birds and the Mountains

A story from the Qur'an



Long ago, a young man called Dawud looked after sheep on the green hills. He was brave and strong, and with his sling he could hit any target.



One day a huge army came to fight the believers. Its leader was a giant warrior called Jalut, covered in heavy armour. Many people were afraid of him.



The believers were few, but they trusted Allah. Before the battle, they made this du'a:

رَبَّنَا أَفْرِغْ عَلَيْنَا صَبْرًا وَثَبِّتْ أَقْدَامَنَا وَانصُرْنَا عَلَى
الْقَوْمِ الْكَافِرِينَ

**Rabbana afrigh 'alayna sabran wa thabbit aqdamana wansurna
'alal-qawmil-kafirin.**

“Our Lord, pour patience upon us, make our feet firm, and help us
against the people who deny the truth.”



Young Dawud stepped forward, trusting Allah. With Allah's permission, he defeated Jalut! The fighting ended, and peace came back to the land.



Allah made Prophet Dawud عليه السلام a prophet and a king. He gave him wisdom, and Prophet Dawud عليه السلام judged between people fairly, so everyone was treated with justice.



Allah gave Prophet Dawud عليه السلام a holy book called the Zabur. He recited it in a beautiful voice, praising Allah.



When Prophet Dawud عليه السلام glorified Allah, something amazing happened. Allah made the mountains glorify Him together with Prophet Dawud عليه السلام, in the evening and at sunrise.



The birds gathered around him too, and joined in, praising Allah. Every one of them turned to Allah with him.



Allah gave Prophet Dawud عليه السلام another gift: He made hard iron soft in his hands! Allah taught him to make strong coats of armour.



Prophet Dawud عليه السلام made the armour carefully, ring by ring, to protect people in battle. The Prophet ﷺ told us that Prophet Dawud عليه السلام ate only from what he earned with his own hands.



Prophet Dawud عليه السلام fasted one day and ate the next, and he stood in prayer in the night. The Prophet ﷺ said this was the fasting and prayer most loved by Allah.

Talk about it

Read the story together, then talk about these

1

What did young Dawud use to defeat the giant Jalut?

.....

2

What did the mountains and the birds do together with Prophet Dawud عليه السلام?

.....

3

Prophet Dawud عليه السلام worked with his own hands. What is one job you can do with your hands to help at home?

.....

LEARN THE DU'A OF THE BELIEVERS

رَبَّنَا أَفْرِغْ عَلَيْنَا صَبْرًا وَثَبِّتْ أَقْدَامَنَا وَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ

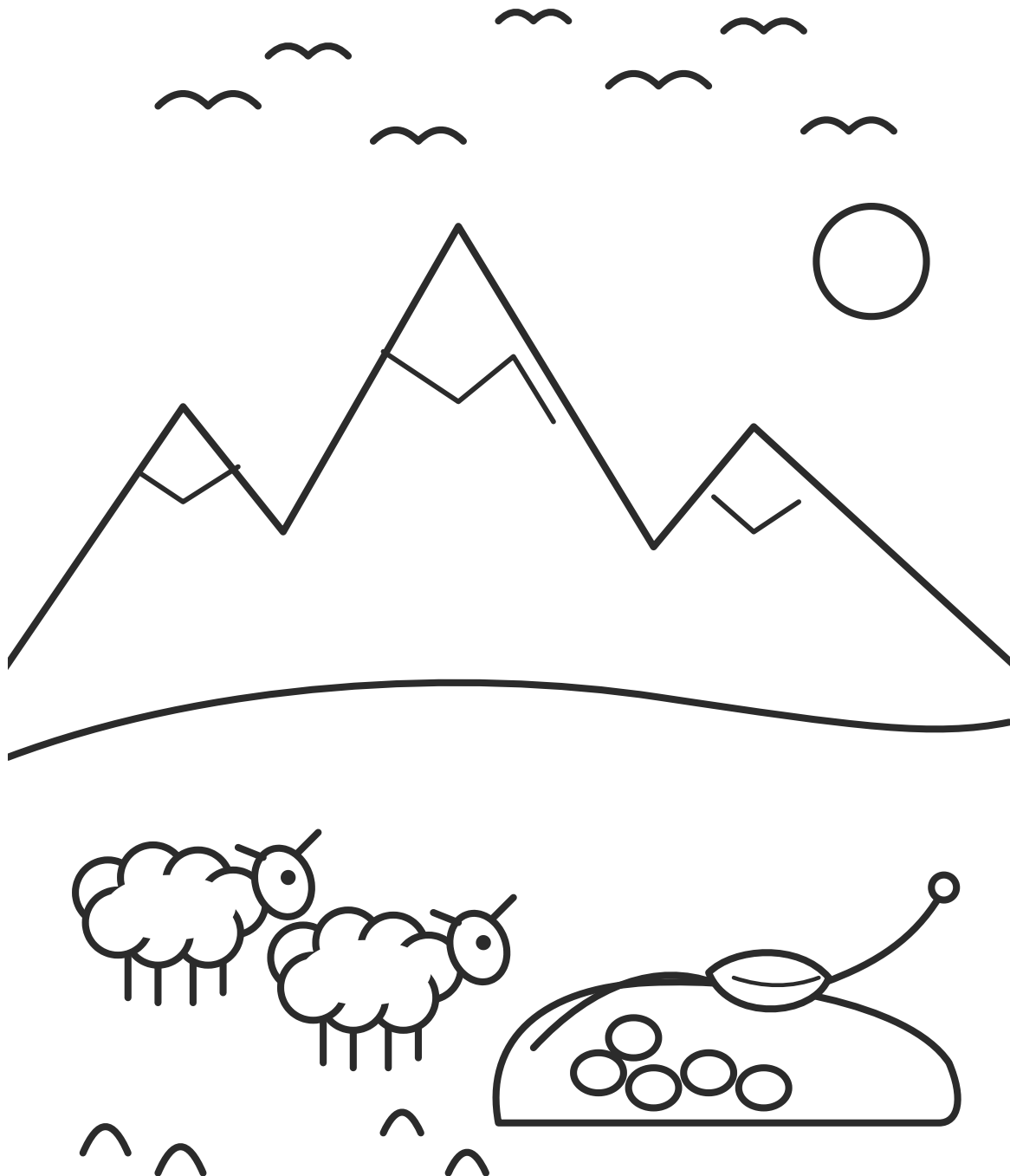
Rabbana afrigh 'alayna sabran wa thabbit aqdamana wansurna 'alal-qawmil-kafirin.

"Our Lord, pour patience upon us, make our feet firm, and help us against the people who deny the truth."

This du'a is in Surah al-Baqarah (chapter 2 of the Qur'an).

Colour me in!

Colour the mountains, the birds, the sheep and the sling





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