

# Prophet Adam

## The First Person

A story from the Qur'an





Before there were any people at all, Allah told the angels, “I am going to place a new creation on the earth, to live there and look after it.”



Allah made Prophet Adam عليه السلام from clay. The soil came from all over the earth: red, white, brown and black. That is why people today come in so many colours.



Then Allah taught Prophet Adam عليه السلام the names of all things. The angels said, “Glory be to You! We know only what You have taught us.” And Prophet Adam عليه السلام told them the names.



Allah told the angels to bow down to Prophet Adam عليه السلام out of respect, and they all did. But Iblis refused. He said proudly, “I am better than him. You made me from fire, and him from clay.”



**Because of his pride, Iblis was sent away. He became Shaytan, and he promised to try to lead people away from Allah, for as long as the world lasts.**



Prophet Adam عليه السلام and his wife Hawwa lived in Jannah, a garden more beautiful than anything we can imagine. Allah said, "Eat freely from anything you like, but do not go near this one tree."



But Shaytan whispered to them, “**This tree will make you live forever!**” He even swore that he was only trying to help. They forgot Allah’s warning, and they ate from the tree.



At once they knew they had done wrong, and they felt very sorry.  
Prophet Adam عليه السلام did not blame anyone else. He turned  
straight back to Allah.



Allah taught Prophet Adam عليه السلام the words to say, and together they said:

رَبَّنَا ظَلَمْنَا أَنْفُسَنَا وَإِنْ لَمْ تَغْفِرْ لَنَا وَتَرْحَمْنَا لَنَكُونَنَّ مِنَ  
الْخَاسِرِينَ

**Rabbana zalamna anfusana wa il-lam taghfir lana wa tarhamna  
lanakunanna minal-khasirin.**

“Our Lord, we have wronged ourselves. If You do not forgive us and have mercy on us, we will surely be among the losers.”



And Allah forgave them, because Allah is the One who accepts our sorry, the Most Merciful. Then Allah sent Prophet Adam عليه السلام and Hawwa down to live on the earth.



Prophet Adam عليه السلام became the first prophet, and all the people in the world are his children. When we make a mistake, we can do what he did: say sorry to Allah, and try again.

# Talk about it

Read the story together, then talk about these

1

What did Allah teach Prophet Adam عليه السلام that the angels did not know?

2

Iblis said, "I am better than him." Why is it wrong to be proud?

3

When Prophet Adam عليه السلام made a mistake, what did he do? What can you do when you make a mistake?

## LEARN THE DU'A OF PROPHET ADAM عليه السلام

رَبَّنَا ظَلَمْنَا أَنْفُسَنَا وَإِنْ لَمْ تَغْفِرْ لَنَا وَتَرْحَمْنَا لَنَكُونَنَّ مِنَ الْخَاسِرِينَ

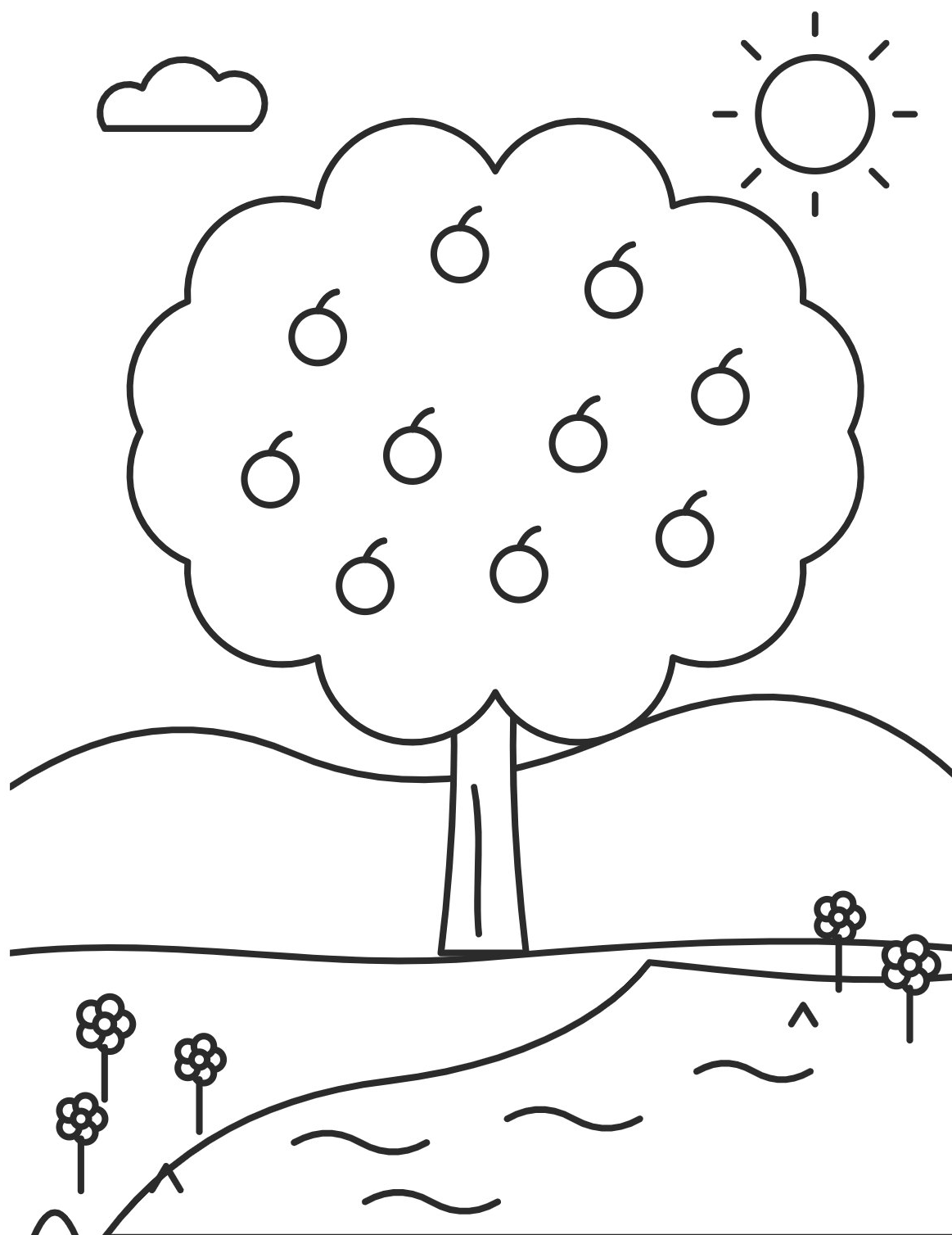
Rabbana zalamna anfusana wa il-lam taghfir lana wa tarhamna lanakunanna minal-khasirin.

"Our Lord, we have wronged ourselves. If You do not forgive us and have mercy on us, we will surely be among the losers."

This du'a is in Surah al-A'raf (chapter 7 of the Qur'an). Allah loves those who turn back to Him and say sorry.

# Colour me in!

Colour the fruit tree, the river, the flowers and the sun





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