

Adhkar *after Salah*

What to say after every fard prayer, in order

1

أَسْتَغْفِرُ اللَّهَ

3 times

Astaghfirullah

I ask Allah for forgiveness.

SAHIH MUSLIM 591

2

اللَّهُمَّ أَنْتَ السَّلَامُ وَمِنْكَ السَّلَامُ تَبَارَكْتَ ذَا الْجَلَالِ وَالْإِكْرَامِ

Once

Allahumma antas-salamu wa minkas-salam, tabarakta dhal-jalali wal-ikram

O Allah, You are Peace and from You comes peace. Blessed are You, Owner of majesty and honour.

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3

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ لَهُ مَا فِي السَّمَوَاتِ وَمَا فِي الْأَرْضِ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ بِشَيْءٍ مِنْ عِلْمِهِ إِلَّا بِمَا شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَوَاتِ وَالْأَرْضَ وَلَا يَئُودُهُ حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ

Once

Ayat al-Kursi (al-Baqarah 2:255)

AN-NASA'I, AS-SUNAN AL-KUBRA

4

33 each

سُبْحَانَ اللَّهِ

SubhanAllah

× 33

الْحَمْدُ لِلَّهِ

Alhamdulillah

× 33

اللَّهُ أَكْبَرُ

Allahu Akbar

× 33

Glory be to Allah · All praise is for Allah · Allah is the Greatest. Then complete the hundred with the next line.

SAHIH MUSLIM 597

5

Once, to make 100

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

La ilaha illallahu wahdahu la sharika lah, la hul-mulku wa la hul-hamdu wa huwa 'ala kulli shay'in qadir

There is no god but Allah alone, with no partner. His is the dominion and His is the praise, and He has power over all things.

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6

Once

اللَّهُمَّ لَا مَانِعَ لِمَا أَعْطَيْتَ، وَلَا مُعْطِيَ لِمَا مَنَعْتَ، وَلَا يَنْفَعُ ذَا الْجَدِّ مِنْكَ الْجَدُّ

Allahumma la mani'a lima a'tayta, wa la mu'tiya lima mana'ta, wa la yanfa'u dhal-jaddi minkal-jadd

O Allah, none can hold back what You give, and none can give what You hold back, and the wealth of the wealthy cannot help him against You.

SAHIH AL-BUKHARI 844

7

Once

اللَّهُمَّ أَعِنِّي عَلَى ذِكْرِكَ وَشُكْرِكَ وَحُسْنِ عِبَادَتِكَ

Allahumma a'inni 'ala dhikrika wa shukrika wa husni 'ibadatik

O Allah, help me to remember You, to thank You and to worship You well.

SUNAN ABI DAWUD 1522

After Fajr and Asr there is no sunnah prayer straight after the fard, so read the whole list while still sitting.

After Dhuhr, Maghrib and Isha (Hanafi): say "Allahumma antas-salam...", pray the sunnah, then read the rest.

